



Super Stud Building Products - Product Submittal

Technical Services: technical@buysuperstud.com

800-477-7883
buysuperstud.com

New Jersey
2960 Woodbridge Avenue
Edison, NJ 08837
732-662-6200

Mississippi
53 W L Runnels Industrial Dr
Hattiesburg, MS 39401
601-584-7550

Specification Section: 05.40.00 (Cold-Formed Metal Framing)

400S300-68 (50ksi) Standard Punch

68mil (14 ga) Coating: G60 (standard), G90 (special order)

Geometric Properties

Web Depth	4 in	Yield Strength, F_y	50 ksi
Flange Width	3 in	Ultimate, F_u	65 ksi
Lip Length	0.625 in	Punchout Width	1.5 in
Design Thickness	0.0713 in	Punchout Length	4.0 in
Min. Steel Thickness	0.0677 in		

Gross Section Properties

Cross Sectional Area (A)	0.7643 in ²
Product Weight per Linear Foot	2.5986 lb/ft
Moment of Inertia (I_x)	2.1402 in ⁴
Section Modulus (S_x)	1.0701 in ³
Radius of Gyration (r_x)	1.6734 in
Weak Axis Moment of Inertia (I_y)	0.9334 in ⁴
Weak Axis Radius of Gyration (r_y)	1.1051 in
Depth-to-Thickness Ratio (h/t)	51

Effective Section Properties, Strong Axis

Effective Area (A_e)	0.4751 in ²
Moment of Inertia for Deflection (I_{xe})	1.8390 in ⁴
Section Modulus (S_{xe})	0.8223 in ³
Allowable Bending Moment (M_a)	24.6201 in-k
Allowable Shear Force in Web (at Punchout) (V_y)	1,356 lb

Torsional Properties

St. Venant Torsion Constant ($J \times 1000$)	1.2952 in ⁴
Warping Constant (C_w)	3.2753 in ⁶
Distance from Shear Center to Neutral Axis (X_o)	2.5717 in
Radius of Gyration (r_o)	3.2612 in
Torsional Flexural Constant (Beta)	0.3781

Codes and Standards

Super Stud products comply with the applicable provisions of the following:

International Building Code (IBC): 2006 – 2024

Complies with AISI S100-16 (2020) w/S2-20. Effective properties incorporate the strength increase from the cold work of forming

Sheet steel: ASTM A1003/A1003M; ASTM A653/A653M

Galvanized coating: ASTM A653/A653M

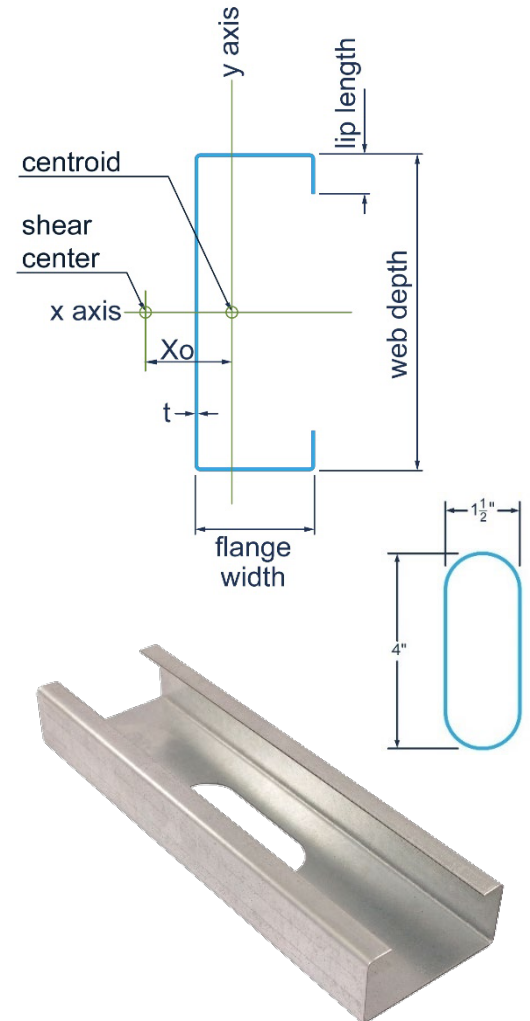
Nonstructural: Members and tolerances: ASTM C645; AISI S220, AISI S201, AISI S202

Meets ASTM C754 when installed properly in structure.

Structural: Members and tolerances: ASTM C955; AISI S240, AISI S201, AISI S202

Meets ASTM C1007 when installed properly in structure.

3rd party Certification



Structural Punchout

First punchout is centered 12" from beginning of member; subsequent punchouts are 24" on center (o.c.). Center of last punchout is no less than 12" from end of member.

Custom stiffened punchouts are available at tighter spacing to reduce thermal transmittance and increase accessibility. Contact Technical Services for additional punchout information.

Sustainability

For LEED letters contact Technical Services at technical@buysuperstud.com or visit



© 2025 Super Stud Building Products