

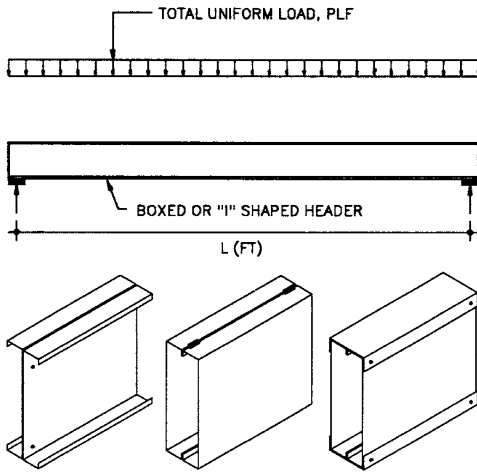
SUGGESTED DESIGN GUIDES ALLOWABLE UNIFORM LOAD CAPACITIES – HEADERS POUNDS PER LINEAR FOOT, PLF

USE:

The tables are used to select a simply supported boxed or "I" shaped header subjected to uniform load. Select a header which provides an allowable uniform load in excess of the applied load.

NOTES:

1. The values represent the allowable total load, in pounds per Linear foot (PLF), limited by the bending or shear capacity of the header. Additionally, deflection was limited to 1/360 of span length.



SECTION	4FT	5FT	6FT	7FT	8FT	9FT	10FT	11FT	12FT	13FT	14FT	15FT	16FT
(2)4SSJ18	730	467	324	229	154	108	79	59	45	36	29	23	19
(2)4SSJ16	1369	778	450	284	190	133	97	73	56	44	35	29	24
(2)4SS J14	1654	941	545	343	230	161	118	88	68	54	43	35	29
(2)6SSJ18	1275	816	567	416	319	252	204	153	118	93	74	61	50
(2)6SSJ16	2401	1537	1067	740	496	348	254	191	147	116	93	75	62
(2)6SSJ14	2915	1865	1295	898	602	423	308	232	178	140	112	91	75
(2)8SSJ18	985	788	657	563	475	375	304	251	211	180	149	121	100
(2)8SSJ16	1962	1569	1308	1121	896	698	509	382	295	232	185	151	124
(2)8SSJ14	3959	2793	1940	1425	1091	850	620	466	359	282	226	184	151
(2)8SSJ12	5669	3628	2519	1851	1417	1106	806	606	467	367	294	239	197

2. The use of these tables is limited to simply supported conditions. Applications involving cantilevers, concentrated loads, eccentricities, multiple spans, impact loading, etc. should be investigated separately.

3. The compression flange of the header shall be laterally braced at intervals not to exceed 2'-0" on center.

4. Web crippling should be investigated separately. Web reinforcement is suggested at all bearing and/or concentrated load locations unless deemed unnecessary by analysis. Shapes having multiple un-reinforced webs (sections which provide a high degree of restraint against rotation of the web) subjected to a combination of concentrated load or reaction and bending shall be designed to meet the requirements of AISI Section C3.4. Reference Page 29 for additional information. Avoid locating a web knockout within a distance equaling 1.5 x depth of the member (h) from the edge of bearing. Should a knockout be located in this area, web reinforcement is required.

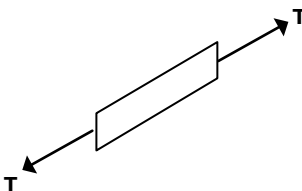
5. Contact Super Stud for allowable load capacities of sections not shown herein.

SECTION	8FT	9FT	10FT	11FT	12FT	13FT	14FT	15FT	16FT	17FT	18FT	19FT	20FT
(2)6SSJ18										42	35	30	26
(2)6SSJ16										52	44	37	32
(2)6SSJ14										63	53	45	39
(2)8SSJ18										83	70	60	51
(2)8SSJ16										104	87	74	64
(2)8SSJ14										126	106	90	77
(2)8SSJ12										164	138	118	101
(2)10SSJ16	779	692	623	567	483	402	322	261	215	180	151	129	110
(2)10SSJ14	1526	1206	977	807	624	491	393	319	263	219	185	157	135
(2)10SSJ12	2000	1580	1280	1058	818	643	515	419	345	288	242	206	177
(2)12SSJ16	646	574	517	470	431	398	369	345	316	280	239	203	174
(2)12SSJ14	1300	1142	832	625	482	379	303	247	203	169	143	121	104
(2)12SSJ12	2665	2106	1706	1410	1185	1009	821	668	550	459	386	329	282
(2)14SJW14	1109	986	887	807	739	682	634	591	555	522	466	416	357
(2)14SJW12	3255	2893	2490	2058	1729	1473	1270	1107	935	779	657	558	479

FLAT STRAP ALLOWABLE TENSION CAPACITIES

USE:

The table provides the allowable capacity of strap subjected to tensile forces.



Allowable Strap Tension, Pounds			
Strap Width	Thickness (Mils)	Gauge	Capacity (Pounds)
2"	33	20	1,370
3"	33	20	2,050
2"	43	18	1,780
3"	43	18	2,670
4"	43	18	3,570
2"	54	16	2,240
3"	54	16	3,360
4"	54	16	4,480
3"	68	14	6,410
4"	68	14	8,550
5"	68	14	10,690

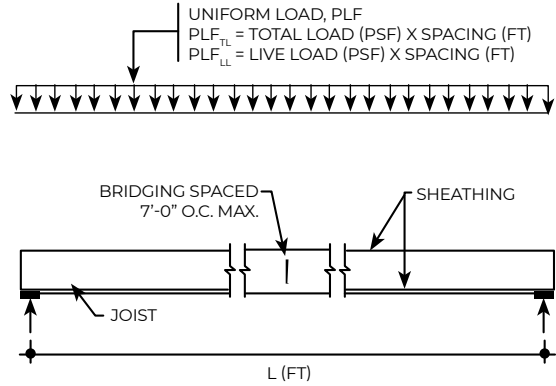
SUGGESTED DESIGN GUIDES

ALLOWABLE UNIFORM LOAD CAPACITIES – JOISTS

POUNDS PER LINEAR FOOT, PLF

USE:

The tables are used to select a simply supported joist or rafter subjected to uniform lateral loads. Select a joist, based on span and deflection limit, which provides an allowable uniform load in excess of the applied load.



NOTES:

1. **TL** values denote the **TOTAL LOAD** capacity of the section expressed in pounds per linear foot (PLF), which will not exceed stress limitations or generate deflections in excess of $L/240$.

LL values denote the **LIVE LOAD**, in pounds per linear foot (PLF), which will generate a deflection equaling $L/360$.

To determine LIVE LOAD deflection limits of $L/480$ and $L/240$, multiply the LL values 0.75 and 1.5 respectively. In either case, the TOTAL LOAD capacity of the joist shall not be exceeded.

2. To determine the equivalent pound per square foot (PSF) load carrying capacities, divide the pound per linear foot (PLF) values by the joist spacing expressed in feet.

$$\text{Pound Per Linear Foot (PLF)} = \frac{\text{Pound Per Square Foot (PSF)}}{\text{Joist Spacing (Feet On Center)}}$$

- For joists spaced: 12" O.C., divide values by 1.0
- 16" O.C., divide values by 1.333
- 24" O.C., divide values by 2.0

3. The use of these tables is limited to simply supported conditions installed to a maximum slope of $1/2"$ per foot. Conditions involving cantilevers, concentrated loads, eccentricities, multiple spans, impact loading, etc. should be investigated separately.

4. The compression flange of the section should be braced by means of the attachment of continuous diaphragm rated sheathing. Additionally, mechanical bridging shall be installed at intervals not to exceed 7'-0" on center.

5. Joist ends shall be restrained against rotation by means of a fixed attachment to each side of continuous track or alternative methods preventing end rotation shall be provided.

6. Deflections were calculated without regard to the composite contribution of collateral materials.

7. Web crippling per AISI Section C3.4 should be investigated separately. Web reinforcement is suggested at all bearing and/or concentrated load locations unless deemed unnecessary by analysis. Reference Pages 40 and 41 for allowable un-reinforced web capacities.

8. Contact Super Stud for allowable load capacities of sections not shown herein.



WEB CRIPPLING CAPACITIES UNSTIFFENED WEB(S) SUBJECTED TO LOCAL FORCES KIPS (1,000 LBS)

USE:

The tables are used to verify the allowable capacity of an unreinforced web subjected to local forces.

NOTES:

1. Values have been omitted where the height to thickness ratio of the web, h/t , exceeds 200.

2. Values shown below represent the allowable concentrated load or reaction for one solid unreinforced web. Values shown on the following page represent the allowable concentrated load or reaction for "I" shaped sections connected back to back or similar sections which provide a high degree of restraint against rotation of the web.

3. Unreinforced flat webs of sections subjected to a combination of concentrated load or reaction and bending shall be designed to meet the following requirements:

a. For shapes having single unreinforced webs:

$$1.2(P/P_a) + (M/M_a) < 1.5$$

b. For shapes having multiple unreinforced webs (i.e. "I" sections or similar sections which provide a high degree of restraint against rotation of the web): $1.1(P/P_a) + (M/M_a) < 1.5$ where:

P = Concentrated load or reaction

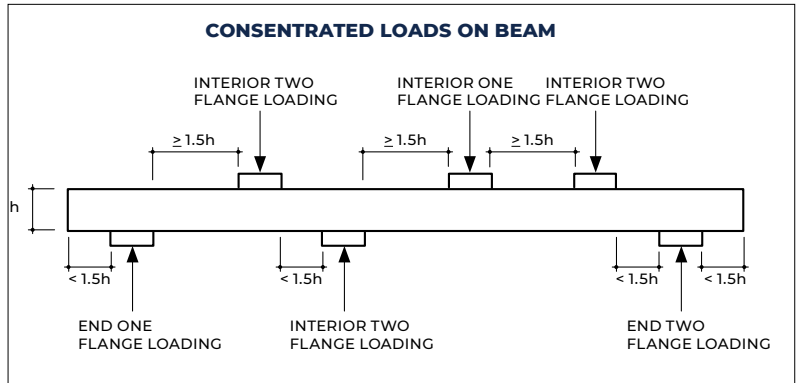
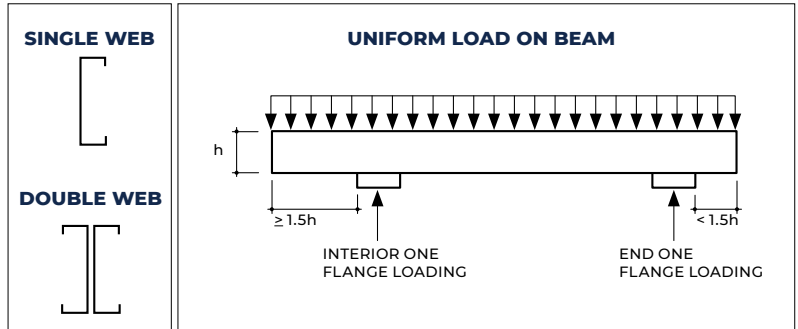
P_a = Allowable concentrated load or reaction

M = Applied bending moment at, or immediately adjacent to, the point of application of the concentrated load or reaction

M_a = Allowable bending moment if bending alone exists

h = flat width of web

4. Avoid locating a web knockout within a distance equaling 1.5 x depth of the member (h) from the edge of bearing. If a knockout is located in this area, web reinforcement is required.



DOUBLE WEB

SECTION	6" X 33 MIL				6" X 43 MIL				6" X 54 MIL				6" X 68 MIL				6" X 97 MIL						
	BEARING WIDTH (IN)->				1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5
END ONE FLANGE	0.867	0.982	1.075	1.155	1.357	1.523	1.658	1.775	2.996	3.339	3.618	3.859	4.434	4.907	5.291	5.623	8.226	9.007	9.642	10.190			
INTERIOR ONE FLANGE	1.294	1.515	1.695	1.851	2.074	2.410	2.682	2.918	3.394	3.916	4.340	4.706	5.199	5.955	6.568	7.099	10.194	11.544	12.641	13.590			
END TWO FLANGE	0.445	0.504	0.551	0.593	0.797	0.894	0.974	1.042	1.315	1.465	1.588	1.694	2.198	2.433	2.623	2.788	4.928	5.395	5.776	6.104			
INTERIOR TWO FLANGE	1.086	1.272	1.423	1.554	1.874	2.177	2.424	2.637	2.973	3.430	3.801	4.122	4.745	5.434	5.995	6.479	9.613	10.885	11.920	12.814			

SECTION	8" X 43 MIL				8" X 54 MIL				8" X 68 MIL				8" X 97 MIL			
	BEARING WIDTH (IN)->				1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	1.391	1.561	1.700	1.819	3.121	3.478	3.769	4.020	4.584	5.073	5.470	5.813	8.428	9.227	9.877	10.439
INTERIOR ONE FLANGE	2.074	2.410	2.682	2.918	3.394	3.916	4.340	4.706	5.199	5.955	6.568	7.099	10.194	11.544	12.641	13.590
END TWO FLANGE	0.748	0.839	0.914	0.978	1.253	1.396	1.513	1.613	2.118	2.344	2.527	2.686	4.806	5.262	5.632	5.953
INTERIOR TWO FLANGE	1.736	2.017	2.246	2.443	2.806	3.237	3.588	3.891	4.541	5.201	5.737	6.200	9.509	10.768	11.791	12.676

SECTION	10" X 54 MIL				10" X 68 MIL				10" X 97 MIL						
	BEARING WIDTH (IN)->				1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5
END ONE FLANGE	3.169	3.532	3.827	4.082	4.734	5.239	5.649	6.003	6.829	9.448	10.113	10.689			
INTERIOR ONE FLANGE	3.394	3.916	4.340	4.706	5.199	5.955	6.568	7.099	10.194	11.544	12.641	13.590			
END TWO FLANGE	1.190	1.327	1.438	1.533	2.038	2.255	2.432	2.584	4.684	5.128	5.489	5.802			
INTERIOR TWO FLANGE	2.640	3.045	3.375	3.660	4.337	4.967	5.479	5.922	9.225	10.446	11.439	12.297			

SECTION	12" X 68 MIL				12" X 97 MIL				14" X 68 MIL				14" X 97 MIL				16" X 97 MIL			
	BEARING WIDTH (IN)->				1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	4.813	5.326	5.743	6.103	8.830	9.668	10.349	10.938	4.813	5.326	5.743	6.103	9.031	9.888	10.585	11.187	9.209	10.083	10.793	11.407
INTERIOR ONE FLANGE	5.199	5.955	6.568	7.099	10.194	11.544	12.641	13.590	5.199	5.955	6.568	7.099	10.194	11.544	12.641	13.590	10.194	11.544	12.641	13.590
END TWO FLANGE	1.958	2.166	2.336	2.483	4.562	4.994	5.346	5.650	1.877	2.078	2.240	2.381	4.439	4.861	5.203	5.499	4.317	4.727	5.060	5.348
INTERIOR TWO FLANGE	4.133	4.733	5.221	5.643	8.941	10.124	11.086	11.918	3.929	4.500	4.963	5.365	8.656	9.802	10.734	11.539	8.372	9.480	10.381	11.160



WEB CRIPPLING CAPACITIES UNSTIFFENED WEB(S) SUBJECTED TO LOCAL FORCES KIPS (1,000 LBS)

SINGLE WEB

SECTION	3-5/8" X 33 MIL				3-5/8" X 43 MIL				3-5/8" X 54 MIL				3-5/8" X 68 MIL				3-5/8" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.221	0.265	0.310	0.354	0.386	0.451	0.515	0.579	0.752	0.857	0.962	1.067	1.173	1.309	1.445	1.581	2.332	2.531	2.731	2.931
INTERIOR ONE FLANGE	0.373	0.442	0.533	0.624	0.634	0.714	0.825	0.951	1.323	1.461	1.596	1.813	2.072	2.250	2.427	2.609	4.145	4.403	4.662	4.921
END TWO FLANGE	0.153	0.184	0.214	0.245	0.272	0.318	0.363	0.408	0.536	0.611	0.686	0.761	0.843	0.941	1.038	1.136	1.691	1.836	1.981	2.126
INTERIOR TWO FLANGE	0.356	0.369	0.382	0.394	0.669	0.688	0.706	0.724	1.490	1.523	1.556	1.589	2.457	2.501	2.545	2.588	5.215	5.280	5.345	5.411

SECTION	4" X 33 MIL				4" X 43 MIL				4" X 54 MIL				4" X 68 MIL				4" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.215	0.259	0.302	0.345	0.380	0.443	0.506	0.569	0.742	0.845	0.949	1.052	1.161	1.295	1.429	1.564	2.315	2.513	2.712	2.910
INTERIOR ONE FLANGE	0.367	0.435	0.524	0.614	0.626	0.705	0.815	0.939	1.310	1.447	1.581	1.795	2.056	2.232	2.408	2.589	4.123	4.380	4.637	4.895
END TWO FLANGE	0.148	0.177	0.207	0.237	0.266	0.310	0.354	0.399	0.526	0.600	0.673	0.747	0.831	0.928	1.024	1.120	1.675	1.819	1.963	2.106
INTERIOR TWO FLANGE	0.340	0.352	0.365	0.377	0.648	0.666	0.684	0.702	1.455	1.487	1.519	1.552	2.414	2.457	2.499	2.542	5.153	5.217	5.282	5.347

SECTION	6" X 33 MIL				6" X 43 MIL				6" X 54 MIL				6" X 68 MIL				6" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.187	0.224	0.262	0.299	0.343	0.400	0.457	0.514	0.687	0.783	0.879	0.974	1.094	1.221	1.348	1.475	2.225	2.416	2.607	2.797
INTERIOR ONE FLANGE	0.332	0.394	0.475	0.556	0.583	0.657	0.759	0.874	1.240	1.370	1.496	1.700	1.971	2.140	2.308	2.481	4.006	4.256	4.506	4.756
END TWO FLANGE	0.121	0.145	0.169	0.194	0.231	0.270	0.308	0.347	0.475	0.541	0.607	0.674	0.769	0.858	0.947	1.037	1.591	1.728	1.864	2.000
INTERIOR TWO FLANGE	0.255	0.265	0.274	0.283	0.537	0.552	0.566	0.581	1.269	1.297	1.325	1.353	2.181	2.220	2.258	2.297	4.823	4.884	4.944	5.005

SECTION	8" X 43 MIL				8" X 54 MIL				8" X 68 MIL				8" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.306	0.357	0.408	0.459	0.632	0.720	0.808	0.896	1.028	1.147	1.266	1.385	2.136	2.319	2.502	2.685
INTERIOR ONE FLANGE	0.540	0.608	0.703	0.809	1.170	1.292	1.412	1.604	1.886	2.047	2.209	2.374	3.889	4.132	4.374	4.617
END TWO FLANGE	0.197	0.230	0.263	0.295	0.423	0.482	0.541	0.600	0.707	0.789	0.871	0.953	1.507	1.636	1.765	1.895
INTERIOR TWO FLANGE	0.425	0.437	0.449	0.461	1.082	1.107	1.131	1.155	1.948	1.983	2.017	2.052	4.494	4.550	4.606	4.663

SECTION	9-1/4" X 54 MIL				9-1/4" X 68 MIL				9-1/4" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.597	0.681	0.764	0.848	0.987	1.101	1.215	1.330	2.080	2.258	2.436	2.614
INTERIOR ONE FLANGE	1.127	1.244	1.359	1.544	1.832	1.989	2.146	2.307	3.816	4.054	4.292	4.530
END TWO FLANGE	0.391	0.445	0.500	0.554	0.668	0.745	0.823	0.900	1.455	1.579	1.704	1.828
INTERIOR TWO FLANGE	0.966	0.988	1.009	1.030	1.802	1.834	1.866	1.898	4.288	4.341	4.395	4.449

SECTION	10" X 54 MIL				10" X 68 MIL				10" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.577	0.657	0.738	0.818	0.962	1.073	1.185	1.296	2.046	2.221	2.397	2.572
INTERIOR ONE FLANGE	1.100	1.215	1.327	1.508	1.801	1.955	2.109	2.267	3.772	4.007	4.243	4.478
END TWO FLANGE	0.371	0.423	0.475	0.527	0.645	0.719	0.794	0.869	1.423	1.545	1.667	1.789
INTERIOR TWO FLANGE	0.896	0.916	0.936	0.956	1.715	1.745	1.776	1.806	4.164	4.216	4.269	4.321

SECTION	11-1/4" X 54 MIL				11-1/4" X 68 MIL				11-1/4" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.536	0.610	0.685	0.760	0.912	1.018	1.123	1.229	1.979	2.148	2.318	2.488
INTERIOR ONE FLANGE	1.048	1.157	1.264	1.436	1.737	1.885	2.034	2.186	3.684	3.914	4.144	4.374
END TWO FLANGE	0.333	0.379	0.426	0.472	0.598	0.667	0.737	0.806	1.360	1.476	1.593	1.709
INTERIOR TWO FLANGE	0.757	0.773	0.790	0.807	1.540	1.568	1.595	1.622	3.917	3.966	4.015	4.064

SECTION	12" X 68 MIL				12" X 97 MIL				14" X 68 MIL				14" X 97 MIL				16" X 97 MIL			
	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
BEARING WIDTH (IN)->	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5	1.5	2.5	3.5	4.5
END ONE FLANGE	0.896	0.999	1.103	1.207	1.956	2.124	2.292	2.459	0.829	0.925	1.021	1.118	1.867	2.027	2.187	2.347	1.777	1.930	2.082	2.234
INTERIOR ONE FLANGE	1.715	1.862	2.009	2.159	3.655	3.883	4.111	4.339	1.630	1.769	1.909	2.052	3.538	3.759	3.980	4.200	3.421	3.635	3.848	4.061
END TWO FLANGE	0.582	0.650	0.717	0.785	1.339	1.454	1.568	1.683	0.520	0.581	0.641	0.701	1.255	1.362	1.470	1.577	1.170	1.271	1.371	1.471
INTERIOR TWO FLANGE	1.482	1.508	1.535	1.561	3.835	3.883	3.931	3.979	1.249	1.271	1.294	1.316	3.505	3.549	3.593	3.637	3.175	3.215	3.255	3.295

